

Childcare Reference

Au Pair Instructions: InterExchange requires that you provide two (2) childcare references that show a total of at least 200 hours of childcare experience from persons who are not related to you. You can submit additional references from relatives if you want.

If the person completing this form does not speak English, they can write in their native language. There is space below the questions for English translations. Please upload the reference to your application when it is complete.

Reference Instructions: The individual below has applied to become an au pair in the USA. Au pairs participating in this 12-month cultural exchange program live with an American family and provide childcare for up to 45-hours per week. Please answer the questions below in your native language or English. We will contact you to verify the information you provide.

Name of Applicant: Name of Reference:				
(COUNTRY CODE-CITY CODE	-PHONE NUMBER)			
Do you speak English?	☐ Yes ☐ No	If you do not speak English, pl	ease write this in your native language	
How do you know this applicant	?	☐ Teacher ☐ Family Member / Relative ☐ Other:		
How long have you known this a	pplicant?			
CHILDCARE DETAILS				
What type of childcare did the applicant provide for you?	☐ Au Pair/Nanny ☐ Babysitter ☐ Camp Counselor	☐ Daycare ☐ Internship ☐ Nurse	☐ Sports Coach ☐ Teacher/Tutor ☐ Youth Group Leader	
How often did the applicant provide childcare?	☐ Daily ☐ Weekly	☐ Monthly ☐ Occasionally	☐ Seasonally	
How many hours did the applica (for example, 1 hour each time or	•			
Number of children cared for at	a time:			
What age ranges did the applicant care for? (check all that apply)	☐ 0-6 Months ☐ 6-12 Months ☐ 12-24 Months	☐ 2-6 Years ☐ 6-10 Years ☐ 10-14 Years	☐ 14-18 Years	
Please describe the applicant's childcare duties.	☐ Arts and crafts☐ Bathing☐ Changing diapers (nappies☐ Dressing☐ Driving	☐ Laundry ☐ Learning Activities ☐ Meal Preparation ☐ Outdoor activities ☐ Playing sports	□ Potty Training□ Putting to Bed□ Swimming□ Teaching□ Tutoring/Homework Help	

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Why do you recommend this applicant to be an au pair for an American family?		
English Translation, (if needed):		
Additional comments you wish to provide:		
Additional comments you wish to provide.		
English Translation, (if needed):		
The information you submit to InterExchange will be held confidentially, and will as strictly necessary to process the Au Pair's application, or as otherwise require InterExchange may collect, use, and disclose your personal data to process the Aprivacy@interexchange.org for more information.	d by law. By submitting this form, you agree that	
SIGNATURE OF REFERENCE (REQUIRED)	DATE (MM/DD/YYYY)	

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